

# A Look at Senior Project: Brenda Gutierrez

For her Senior Project, Brenda Gutierrez, who is an avid runner, has taken her passion to the next level in order to raise money for the Tarahumara tribe of Mexico through a non-profit organization called “Norawas de Raramuri”. This organization works to support the tribe’s participation in foot races to celebrate the continuation of their running culture and health. Brenda discovered the tribe through the exploration phase of Senior Project when she viewed a TEDTalk on the tribe who are known for running ultramarathons, often wearing handmade sandals.



Brenda’s project will culminate in the running of the Nutmeg Marathon on May 19th, a goal she has been training for since embarking on her Senior Project this summer. She has reached the point in her training where she is running 12 miles, and under



the guidance of her Technical Advisor Mr. Michael Rivera, she continues to improve her running fitness and training routine. As a member of the Shepaug field hockey team, she uses her practice and game time to crosstrain for the marathon.

As the year unfolds, Brenda will be conducting fundraisers for Norawas de Raramuri, such as her recent V-Groove Dancing Night at Shepaug, which combines music and dancing for a fun filled fitness routine. Her hope is to conduct one fundraiser every other month through May.

Brenda is a wonderful example of the passionate and hard working students of Shepaug. She plans to embark on a career in pediatric medicine when she graduates in 2016.

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